



STUDIOMIX

MASTER CLASS + CERTIFICATION



TruFit® builds products to help you enhance your life. Their UNiversal Trainer™ or UNIT™ provides the perfect platform for endless achievements. Come experience the new best tool in body-weight training, great for all skill levels!

- Build functional strength and prepare for sports and an active life
- Increase muscular stability and neuro-muscular control
- Develop strong joints and precise movement patterns

MASTER CLASS | FREE FOR MEMBERS & GUESTS
FRIDAY JUNE 12TH 8AM-9AM

RSVP at [Studiomix.com](http://www.studiomix.com) under "Find a Class"

INSTRUCTOR CERTIFICATION | \$450 (UNIT™ INCLUDED)
FRIDAY JUNE 12TH 9AM-6PM

RSVP at <http://www.gettrufit.com/courses/>



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