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STUDIOMIX

SUSTAINABLE HEALTH SEMINAR SERIES

1000 Van Ness Avenue, San Francisco, CA



MINDSET ADJUSTMENT DR. LONNA DENNY DC SATURDAY, OCTOBER 4TH, 2014 12PM - 1PM

Get new strategies to handle the demands on your time, learn to deal with difficult people more effectively, and get the information on how to make your mind and body feel better now. Owner of SF Spine Pain Relief Center and Certified Integrative Neuro Linguistic Programming Practitioner, Dr. Lonna Denny DC will share her secrets to eliminate stress for greater health, happiness, and mental focus.

**FREE &
OPEN TO ALL!**

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